



SOS

BOTANICALS

VEGAN | HANDMADE | LOW-WASTE

*plant based care
for body and mind*

SUDBURY, ON



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Hello, we would love to introduce ourselves.

We offer skin care solutions that are simple and safe - for both our bodies and the environment. Each small batch is handmade in Sudbury, a small urban center in Northern Ontario. Rest assured that Save Our Skin provides quality products with intentional, effective ingredients at competitive prices. All of our formulas are vegan and tested on fellow humans.



No Fragrance

We never use sulfates or artificial fragrance because these ingredients can cause irritation. All essential oil ratios are skin-safe to reduce the incidence of reaction in the case of a previously unknown sensitivity.

Refill Credits - Reducing Waste

Save Our Skin offers refill credits to encourage clients to return packaging, and we hope local stockists participate in this program. This is one way we attempt to combat the global waste crisis - by keeping our glass out of landfills.

Skin care companies often encourage the use of many products for specific skin concerns and we feel that this mindset contributes to increasingly unnecessary waste.

BOTANICALS

All of our ingredients are water safe, so they pose no threat to the ecosystems in our rivers, lakes, and oceans. Bring our soaps or clay based cleanser out to that festival or to camp because our products are safe to use in your favorite body of fresh water.

Product Guide

Our line is comprised of three targeted face oils, one all purpose face lotion, a two-in-one mask and cleanser, and three multi-purpose soaps. Every product is suitable for all skin types, and you are sure to find a gem or two that will fit perfectly into your routine.

Face Oils - Cleanse & Hydrate

Luxury Oil is intended for use on mature skin and for those people with combination skin types who experience mild acne or areas of very dry skin.

Luxury Oil can be used as a dual oil cleanser and serum. Massage into warm skin and wipe away with a hot towel to remove makeup and dirt.

This process can be repeated to ensure a thorough cleanse. Pat skin dry and reapply as a serum

Key ingredients: Rosehip seed oil, bergamot essential oil, frankincense essential oil, vitamin E, black cumin seed oil



Boreal Oil is intended for use on skin that is excessively oily or mildly to moderately acneic. For best results, pair with our **Garden Buff** clay based cleanser and **Boreal Lotion**. Over time, this combination of products will help to regulate sebum production, effectively reducing T-zone shine.

Boreal Oil can be used as a dual oil cleanser and serum. Massage into warm skin and wipe away with a hot towel to remove makeup and dirt. This process can be repeated to ensure a thorough cleanse. Pat skin dry and reapply as a serum. We recommend using this serum twice daily after cleansing.



Key ingredients: Hemp seed oil, black cumin seed oil, white willow extract, jojoba oil, tea tree essential oil, cedar leaf essential oil

Rescue Oil is a potent warming oil, intended for use on clean skin no more than three times weekly. Clove and ginger essential oil can cause redness and signs of mild irritation, so it is best used before bed. It is intended to improve areas of the skin which are extremely dry or dull. We recommend deeply massaging the skin with this oil to promote lymphatic drainage and relax facial muscles.

Consider using with a facial roller or gua sha stones to increase circulation. It is not recommended for those with rosacea. Discontinue if skin becomes itchy, blotchy, acneic, or if redness persists for more than 12 hours after initial use as these are all signs of mild to moderate skin reactions.



Key ingredients: Argan oil, jojoba oil, rosehip seed oil, ginger essential oil, clove essential oil



*Key ingredients:
Vitamin E, hemp seed
oil, licorice root extract,
aloe vera leaf juice,
turmeric essential oil*

Boreal Lotion is recommended for all skin types and is intended as a staple in any skin care routine for use at least once daily. Those with very dry skin should see great results within two weeks of using, and likely faster if paired with one of our facial oils.

Boreal Lotion can also be used as an aftershave lotion and to remove stubborn makeup. Warm in the hands prior to applying a pea sized amount all over face.

Garden Buff is our unique clay and botanical cleanser/mask. It is gentle enough for daily use on all skin types. Simply empty a small amount onto the palm and mix with your facial oil of choice or warm water. The clay melts away makeup while rice and almond meal exfoliate. Camellia oil and glycerin will leave skin soft. This cleanser is scented with lavender and patchouli essential oil for a truly relaxing facial experience.

To use as a mask, apply less water to your palm and allow to dry on face.



Key ingredients: Kaolin, coriander, rice meal, almond meal, lavender buds, lavender essential oil

Regimens by Skin Concern

Oily / Acne Prone Skin

1. Cleanse with Boreal Oil or Garden Buff
2. Steam with hot towel
3. Apply alcohol free and fragrance free toner if desired
4. Massage four drops of Boreal Oil onto warm skin
5. Apply Boreal Lotion to entire face and neck once daily

Dry / Combination / Mature / Normal

1. Cleanse with Luxury Oil or Garden Buff
2. Steam with hot towel
3. Apply alcohol free and fragrance free toner if desired
4. Massage four drops of Luxury Oil onto warm skin
5. Apply Boreal Lotion to entire face and neck twice daily

For **Dry / Combination** skin types or **Breakout Regions** use Rescue Oil two-three times weekly before bed, massaging face well with fingers or using with gua sha.

Tips

1. Drink at least half your body weight in ounces
Ex. 150 lbs = 75 oz of water daily
2. Wear less makeup and be critical of the ingredients in your makeup
Your skin is your largest organ, it will absorb what you put on it.
3. Clean your makeup brushes often
4. Do not use alcohol or 'fragrance/perfume' on your skin
5. Get your zzz's

DIY Skin Assists

TONER

Any clean bottle with a misting cap
1 part apple cider vinegar (with the mother)
3 parts alcohol + fragrance free Witch Hazel
5-10 drops total of essential oil
by skin concern:
Tea tree (acne)
Frankincense (all)
Patchouli (oily)
Cedar (any)

DIY Skin Assists

WARMING MASK - *all skin types*

Leave this mask on for 30 minutes and wash off with warm water.

2 tbsp organic + raw honey

1 tbsp minced ginger

2 tsp fresh orange or lemon zest

dash of cinnamon and clove

BLEMISH SPOT TREATMENT

1 tbsp organic + raw honey

2 drops tea tree essential oil

2 drops true lavender essential oil

CLAY MASK - *for oily/acne prone skin*

2 parts bentonite clay

1 part activated charcoal

splash of apple cider vinegar (with the mother)

